

*MayaShakti Ayurveda Pvt. Ltd.*  
**Women's Ayurveda Retreat**  
**with Niika Quistgard**  
**at Rasa Ayurveda Traditional Healing Centre**  
**in Kerala, India**

**February 5th –18th, 2010**

**REGISTRATION APPLICATION**  
**Please print and complete this form.**  
**Fax to 908-292-1093**  
**or scan and attach to an email sent to:**  
[info@AyurvedaTrip.com](mailto:info@AyurvedaTrip.com)

Name on Passport:

Name you like to be called:

Mailing Address:

Date of Birth:

Nationality & Passport #:

Home Tel:

Work Tel:

Mobile Tel:

Email:

Occupation:

Favorite Hobbies:

What is your main interest in this trip?

How did you find out about this trip?

Will this be your first trip to India?

yes

no

Are you interested in arriving early or remaining at Rasa after the trip for Ayurvedic diagnosis and therapies, including pancha karma? Let us know and we'll send you information.

yes

no

This trip will lead us into rare and wonderful places and traditional activities. Film, video and photographs may be taken at times during the trip. Do you grant your permission to appear in these?

yes

no

**Select Lodging Preference:**

**Single Occupancy**

(Note: All participants will lodge in double occupancy rooms on nights away from Rasa Ayurveda.)

**Double Occupancy with Roommate**

Name of Roommate:

**Request for Double Occupancy**

(Pay 50% deposit for Single Occupancy rate. We'll do our best to find a roommate for you. If we are successful, your balance due will be adjusted upon arrival at Rasa Ayurveda.)

### Emergency Contacts

1 - Name: Relationship:  
Address:

Home Tel: Work Tel: Mobile Tel:  
Email:

2 - Name: Relationship:  
Address:

Home Tel: Work Tel: Mobile Tel:  
Email:

### Health

Are you pregnant? Do you have any health situation we should be aware of?

Are you currently under medical supervision? Will your doctor sign off on your travel plans?

Do you carry any medicines when you travel? If so, which ones?

Do you have any severe allergies we should be aware of?

Do you have any health concerns related to the trip?

Do you have any dietary requirements we can accommodate? Please describe.

Do you have any logistical requirements (i.e. wheelchair access, etc.)?

Do you want to receive clinically significant treatment while at Rasa Ayurveda? Do you have a particular condition you want to address?

Possession or use of tobacco, alcohol or illegal drugs of any kind are not permitted at Rasa Ayurveda or during the trip at any location. Cultural awareness training is provided to all students and guests of Rasa Ayurveda. Will you be comfortable avoiding intoxicants and embracing the expectations of the traditional culture of Kerala during your stay?

### Fee Agreement

#### Program Fee

**\$2,450 single occupancy; \$2,225 double occupancy**

Includes accommodations, ground transportation, guided touring, hands-on instruction, meals at Rasa Ayurveda, meal allowance during travel times, basic laundry service, aromatic Ayurvedic therapies.

NOT included are airfare, lodging for a longer stay, ground transportation beyond planned group activities and all personal shopping. Whether and how much to tip Rasa Ayurveda staff at the end of your stay is a personal choice. Most people spend around \$150 per 14 day tip.

**Registration Deadline**

Registrations are accepted on a first come, first-served basis. If the trip is full upon receipt of your registration, we'll place your name on the waiting list of openings due to cancellation.

Reserve your space with a deposit of 50%. Balance is due upon arrival at Rasa Ayurveda.

Payment options and instructions are available at:  
<http://www.ayurvedatrip.com/payments.html>

Regardless of deposit payment method, please give us your credit card information to guarantee balance due. This will not be processed unless balance remains unpaid.

_____	_____	_____	_____
Name on Credit Card	Credit Card #	Exp. Date	3 digit #
			on back of card

**Cancellation Policy**

Payments are non-refundable. If you must cancel and we receive and confirm your written cancellation at least eight weeks before the start of the trip, your deposit, less a \$350 processing fee will be one time transferable. This credit is valid for 2 years and may be used for any program or stay at Rasa Ayurveda. If you give us less than 8 weeks notice, your entire payment is forfeited. If you refer someone to take your place who is not already on our mailing or waiting lists, we will issue a refund, less processing fee.

We highly recommend full trip insurance covering program and air travel. Coverage is low cost. One reputable company is CSA Travel Protection [www.csatravelprotection.com](http://www.csatravelprotection.com) (800) 711-1197.

**Guest Teacher Cancellation**

If featured teacher cancels for any reason, the program itself will not be cancelled, but take place with as little change to itinerary and material covered as possible. If guest teacher cancels, you will be informed at the earliest.

**Important Notes:**

Visa for travel to India is required. Please ensure that your passport and visa are in place well before travel date.

Let us know if you need assistance with travel planning. We may be able to help.

Waiver of Liability: While nothing particularly risky or strenuous is planned, I understand that there is inherent risk in travel. I accept this risk and will not hold MayaShakti Ayurveda, AyurvedaTrip or Niika Quistgard liable for any injury or illness that may occur. If I am under the care of a physician, I will clear my travel plans with my doctor.

I have read, understand and agree to the information presented in this document.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date